



## RNLI Welly Walk, Whitby FAQs – 15k route



### **Where will the event take place?**

The walk will start at the bandstand, Pier Road, Whitby, YO21 3PU, and finish at Whitby lifeboat station.

### **What does the route entail?**

The 15k walk is more challenging and suitable for adults and teenage children. Walkers will set off from the bandstand, through Whitby to the start of the Cinder Trail, and walk south the Hawsker Bottom before heading back up to Whitby on the coastal path. The beginning of the walk is through Whitby itself; the Cinder Trail is a wide, traffic free pathway and the Coastal Path is narrow, rugged and winding (although spectacular!). There are also the 199 steps down from Whitby Abbey at the finish to bear in mind!

### **Will there be marshals on the route?**

There will be a small number of marshals out on the route to ensure that everyone completes the walk safely. All walkers will need to check in with each marshal to receive a sticker proving that they have passed them. We do ask that each party has a least one mobile phone between them; you will be issued with emergency phone numbers along with a map on the day.

### **What should I wear?**

You can choose to wear wellies to walk in – although please be aware that they can be uncomfortable for a longer walk like this. We recommend that you bring your wellies along, but also bring some walking boots too? You will be able to leave wellies with us at the start collect them from us at the finish. There will be prizes for the best dressed wellies at the finish.

Please ensure that you wear suitable warm and waterproof clothing.

### **What does my entry fee pay for?**

Your entry fee covers the cost of the administration and organisation of the event; we ask that you raise at least £42 in sponsorship money (per individual adult or family group) in addition to your entry fee to ensure that we raise as much as possible to support our volunteer crew members.

All walkers will receive a certificate on completion of the walk, and refreshments at the lifeboat station at the finish.

### **What time will the event finish?**

It really depends on how fast you walk – but we expect most 15k walkers to finish between 1 and 3pm, just in time for some fish and chips for lunch!

### **Is the event suitable for my children?**

This event is not suitable for young children; the minimum age limit is 10 and we recommend that all children taking part are at least 12 and used to walking for a minimum of 3 hours. The walk is challenging and takes in mixed terrain (pavement, pathways, off-road) so may not be suitable for less active adults or children. All under 16's must walk with a parent or guardian, and under 18's must have parental consent.

### **Where should I park in Whitby?**

There is lots of public parking available in Whitby; please go to [www.scarborough.gov.uk](http://www.scarborough.gov.uk) for more details or contact us for a parking flyer.

### **How do I go about fundraising?**

When you sign up you will receive a fundraising tips leaflet which gives you lots of ideas and information about how to do your fundraising. We will email you some RNLI sponsorship forms and you could consider setting up an online fundraising page at [www.virginmoneygiving.com/charities/rnli](http://www.virginmoneygiving.com/charities/rnli).